

## Siobhan's Vegan Walking Tour of Melbourne

The city of Melbourne features many vegan, vegetarian, and vegetarian friendly cafes, restaurants and businesses. Join us on Saturday July 11 on a walking tour of Melbourne's trendy inner-northern suburbs of Collingwood and Fitzroy.

Siobhan will be your tour guide and she will point out businesses and places of interest along the way.

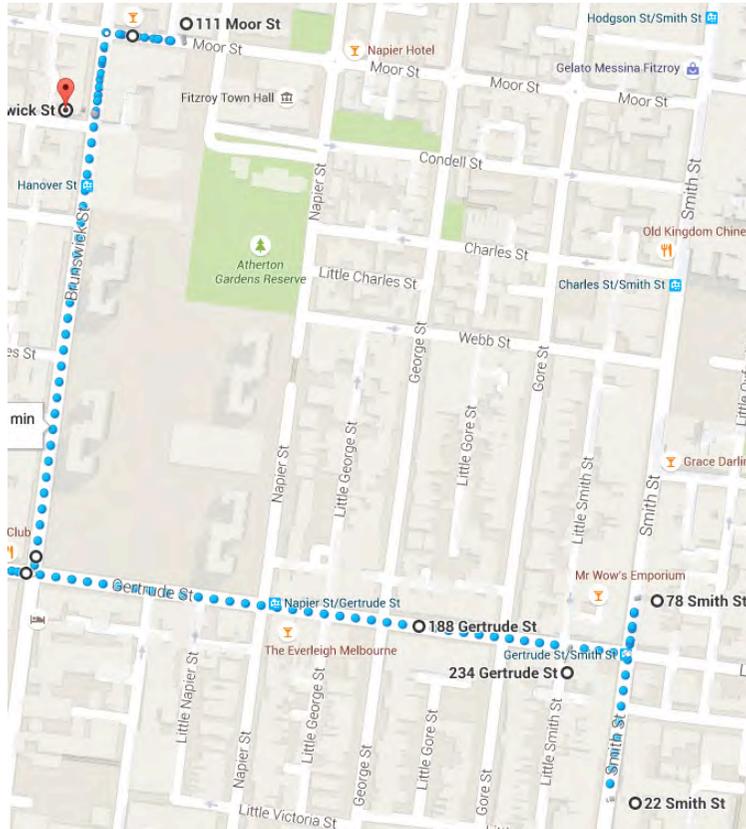
There is no need to book for the tour and it is free of charge. Just join us at any of the key meeting places, at the proposed time, or look for us along the route. You can join us at the start, at the end, or at any point in-between!!!



The tour has three key meeting places and time:

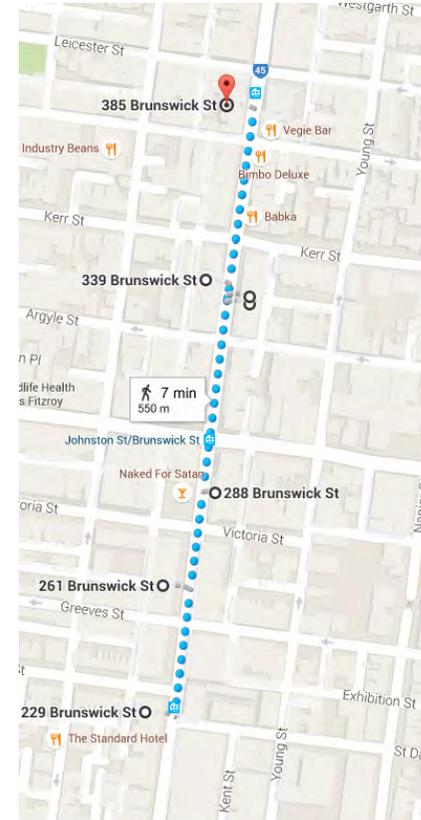
- A. **Las Vegan Café/Vegan Style at 10am.** This is where the tour will commence.
- B. **Smith & Daughters restaurant and Deli (we will move between the two) around 11.30am.** This is the tour mid-point.
- C. **The Cruelty Free Shop at 12.30pm.** This is our final stop on the tour. The Cruelty Free Shop stop will feature a free food tasting.

But, we are not professional tour guides so the times can't be guaranteed. The main thing is to get out there, explore Collingwood and Fitzroy, and have a great time!



**Map 1**

**Map 1** is for the first half of the tour. It starts at Las Vegan Café/Vegan Style at 22 Smith Street at 10am. The midpoint is at Smith & Delhi at 111 Moor Street Fitzroy.



**Map 2**

**Map 2** is for the second half of the tour. Not all businesses are noted on this map as they are all in very close proximity to one another. The tour concludes at the Cruelty Free Shop at 12.30pm with a free tasting.

### Stops/places of interest:

	Business	Address	Estimated time we will pass/visit	Notes
1	Las Vegan Café/Vegan Style	22 Smith St, Collingwood	<b>10am. This is the start of the tour.</b>	Vegan Style is offering all conference participants a 10% discount. Vegan Style is a show store and Las Vegan is a café. They share a space.
2	Vegan Wares	78 Smith St, Melbourne	10.30am	Vegan Wares is a shoe store.
3	Trippy Taco	234 Gertrude St, Fitzroy	10.50am	Trippy Taco is not exclusively veg*n but it is a great place to eat. Opens at 11am on Saturdays.
4	Aunt Maggie's Health Food Store	188 Gertrude St, Fitzroy	11.00am	Aunt Maggie's is not a veg*n business but it has many products that might be of interest.
5	Smith & Delhi	111 Moore Street, Fitzroy	<b>11.30am. This is the tour mid-point.</b>	Smith & Delhi has just opened and you will be one of the first people to visit it. It sells loads of vegan food and treats.
6	Smith & Daughters Restaurant	175 Brunswick Street, Fitzroy	<b>11.30am. This is the tour mid-point.</b>	<b>This is a lunch option.</b> However, it is a very popular restaurant. If you would like to eat there on the day, or at any time during the conference, you should book well in advance.
7	The Cosmetic Kitchen	229 Brunswick Street, Fitzroy	11.45am	The Cosmetic Kitchen sells all vegan cosmetics and beauty products.
8	Merry Cupcakes	261 Brunswick St, Fitzroy	11.50am	Can you guess from the name?
9	Kindness House	288 Brunswick St, Fitzroy	12noon	Kindness House is owned by Phil Wollen. He is a philanthropist, dedicated to animals. Kindness House is home to a range of vegan/animal rights groups including Sea Shepherd.
10	Radhey – vegan kitchen and chi bar	336 Brunswick St, Fitzroy	12.05am	Vegan food and chi bar. <b>This is a lunch option.</b> However, please note they don't sell coffee.
11	The Melbourne Shop	338 Brunswick St Fitzroy	12.10am	This is not a vegan business. But it is a good place to pick up (over priced) souvenirs for loved ones!
12	Fina's 2 – Vietnamese vegan cuisine	339 Brunswick St, Fitzroy	12.15am	<b>This is a lunch option.</b>
13	Frolic Yoghurt	365 Brunswick St, Fitzroy	12.20am	This business is not exclusively vegan, but it offers vegan frozen yoghurt.
14	Madame K's Vegetarian	367 Brunswick St, Fitzroy	12.20am	<b>This is a lunch option.</b>
15	Vegie Bar	380 Brunswick Street, Fitzroy	12.20am	<b>This is a lunch option.</b>
16	Lord of the Fries	383 Brunswick St, Fitzroy	12.20am	<b>This is a lunch option.</b>
17	The Cruelty Free Shop	385 Brunswick St, Fitzroy	12.30am. This is the end of the tour.	<b>The Cruelty Free Shop is offering all conference participants a 10% discount.</b>  There will be a free food tasting at the Cruelty Free Shop. Once you are finished looking around the Cruelty Free Shop you are free to take yourself (and your new friends) off to lunch.

**A couple of extra tips:**

- There are many places in Fitzroy and Collingwood where you can eat breakfast, or pick up a coffee, before the tour starts. The Happy Cow website: <http://www.happycow.net> will help you find vegetarian eateries. Otherwise, just walk into any coffee shop in the area. They all sell soy lattes!
- If you get sick of walking, or if you get left behind, just jump on a tram and catch us up. To use the trams you will need a 'Myki': <http://ptv.vic.gov.au/tickets/myki/>. You can grab them at many '7 11' stores or petrol stations.
- You are not obliged to stay with the group. If you want to spend two hours in Vegan Style and then find us at the Cruelty Free Shop at the end that's no problem at all. The walking tour is just a social event designed to introduce you to a great part of Melbourne.
- Feel free to make your own lunch plans. Suitable places are listed above.
- There are many pubs and bars in Fitzroy so if you feel like a sneaky afternoon beverage you will be well catered for.
- Don't forget we have a social dinner on Saturday night at the Cornish Arms in Brunswick. You can go to Brunswick, from Fitzroy, on public transport with relative ease. There is much to see and do in Brunswick. Spending the afternoon on Sydney Road Brunswick is highly recommended. To plan your public transport go to: <https://www.ptv.vic.gov.au/journey#?jpssearch%5Baction%5D=showPlanner>. Don't forget your Myki!